

ANNUAL REPORT

Fiscal Year 2023



Burke

Message from Burke CEO, Melanie Taylor



I am proud to share our Fiscal Year 2023 Annual Report and have the opportunity to celebrate the remarkable efforts of Burke’s staff and community stakeholders.

Burke’s mission is “Working Together to Improve Lives”. I must attribute our success to the dedicated and mission-driven Board of Directors, employees, and community partners who strive to make a difference in the lives of countless individuals in our communities.

Throughout 2023, we continued to expand our innovative and accessible systems of care to over 13,700 Deep East Texans. Next year, marks our 50th anniversary, and we will continue to build and advocate for sound public policy, critical investments, and pragmatic solutions to sustain our full range of behavioral health services for all Deep East Texans.

To the individuals and families we serve, we express our heartfelt gratitude for choosing Burke to be a part of your wellness journey.

Thank you.



“Working Together to Improve Lives”

Burke’s mission is “Working Together to Improve Lives.” Burke works to do this by providing high-quality, personalized, evidence-based mental health, early childhood intervention, and intellectual and developmental disability services to individuals in East Texas.

Burke provides services in 11 East Texas counties. Across our region, we operate 40 facilities that specialize in personal and professional care for every client. Part of the East Texas healthcare community for over 45 years, Burke employs more counselors, psychiatrists, and caseworkers than any other provider.

We believe East Texans in need deserve high-quality, personal, and professional mental health and intellectual and developmental disability services. Wherever they live and whatever their circumstances, our clients deserve to be treated with dignity and respect, and that is what every Burke employee strives to deliver.

COUNTIES SERVED

.....

Angelina

Houston

Jasper

Nacogdoches

Newton

Polk

Sabine

San Augustine

San Jacinto

Shelby

Trinity

Tyler

2023 Services by Division:



Mental Health	9,903	58%
Mental Health Crisis Services	3,866	22%
Developmental Disabilities	1,602	9%
Primary Care	716	4%
Early Childhood Intervention	1,213	7%

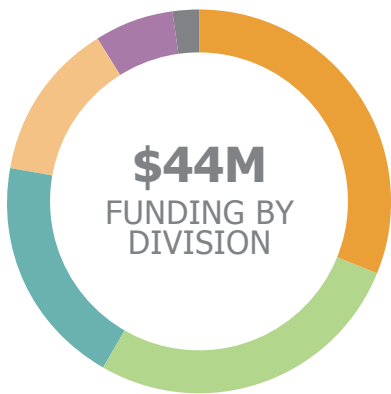
13,751

UNDUPLICATED
INDIVIDUALS
SERVED

3,508

WERE 18 OR
YOUNGER (25.5%)

Burke Funding by Division



Adult Mental Health	\$13.7M	31%
Developmental Disabilities	\$12M	27%
Mental Health Crisis Services	\$8.6M	19%
Children's Mental Health	\$5.8M	14%
Early Childhood Intervention	\$3.0M	7%
Primary Care	\$0.9M	2%

Burke Employees



Angelina County	260	51%
Nacogdoches County	132	26%
Polk County	26	6%
Other Counties	72	14%
Total	509	14%

About half of Burke employees reside in Angelina County, 26% live in Nacogdoches County, and 6% live in Polk County, the remaining 17% live in other Burke region counties.

Burke has been awarded three grants from the Substance Abuse and Mental Health Services Administration (SAMHSA) to improve access to quality treatment and services for individuals and families experiencing trauma, grief, and co-occurring conditions.

The first grant, the National Child Traumatic Stress Initiative - Category III: Community Treatment and Services Center, provides \$600,000 in annual funding for five years to increase access to effective trauma- and grief-focused treatment and service systems for children, adolescents, and their families across all 11 counties. Burke will provide specialized therapeutic and case management interventions for children ages 5 to 17 and strengthen the regional network of trauma-informed care providers through increased education, training, and partnerships with community members.

The second grant, Promoting Integration of Primary and Behavioral Health Care, provides \$450,000 in annual funding for five years to promote complete integration and collaboration in clinical practice of general primary care services to Burke's co-occurring population at the Nacogdoches Mental Health location, covering three counties: Nacogdoches, San Augustine, and Shelby.

The third grant, Certified Behavioral Health Clinic (CCBHC) Improvement and Advancement, provides \$1,000,000 in annual funding for four years to transform Burke's community behavioral health system. Burke will improve existing health outcomes through an enhanced Integrated Care Clinic (ICC) at its Angelina Mental Health location, implement a population health strategy to identify and stratify high-risk populations, provide targeted care coordination, chronic care management, and continuity of care to these individuals, and augment current Health Information Technology capabilities, covering all 11 counties.

These grants will significantly improve the quality of care for individuals and families experiencing trauma, grief, and co-occurring conditions by increasing access to effective treatment and integrated healthcare services, strengthening the regional network of care providers, and improving existing healthcare outcomes. Each grant will have specialized personnel to manage and implement the programs. These funding opportunities have allowed Burke to continue work initiated by projects developed by 1115 Waiver funding that ended in FY 2022.

BOARD MEMBERS

- DAVID COZADD, Chair / Nacogdoches
- RANDY GEORGE, Vice Chair / Angelina
- JOHN HOWARD, Treasurer / Shelby
- SONDRA WILLIAMS, Secretary / Tyler, Newton
- LOIS BALL / Houston
- RACHEL SLOCOMB DRAKE / Polk
- JUDGE FRITZ FAULKNER / San Jacinto
- JIM MCREYNOLDS / Sabine, San Augustine
- STEVEN DOUG PAGE / Trinity

EX OFFICIO MEMBERS

- SHERIFF BYRON LYONS / Polk County
- SHERIFF ROBERT BURBY / Newton County

.....
BURKE'S CRISIS HOTLINE
1-800-392-8343

Learn more at myburke.org