



Burke

ANNUAL REPORT

FISCAL YEAR 2021

A MESSAGE FROM BURKE CEO MELANIE TAYLOR



2021 was yet another year full of challenges that created exciting opportunities. The COVID pandemic lasted much longer than expected; we also experienced record-breaking icy weather conditions last January and February. Despite these disruptions, Burke continues to move forward with the primary goal of improving the lives of the clients and the communities we serve.

Studies of the pandemic's effect have shown substantial increases in behavioral health symptoms. Burke is seeing these increases with growth in mental health service provisions to an additional 2,005 individuals, increasing 21% over the previous year.

I've seen our staff lean in to get the job done while depending on one another for support. Even in times of

greater disconnection and social fracture, we've continued to provide optimal behavioral health services. It's difficult to quantify how often in our lives we capture glimpses of what we are truly made of, but these last few years have made it clear that Burke's staff continually demonstrate the grit and dedication that makes me so proud to be part of our team.

We were not alone. Our communities have been there for us too, and we've never been more grateful for our community partnerships.

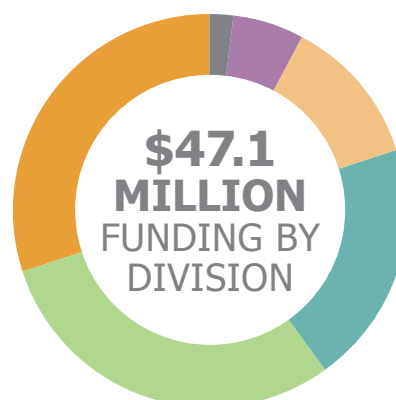
Looking ahead, I see a future with new opportunities and paths to continue our improvement of services. Thanks to our careful stewardship and mission-driven approach to health, we are in a solid position to continue caring for our communities.

After seeing what we can accomplish even amid the chaos of 2021, it's impossible to be anything but confident and optimistic about our future.



17,946
CLIENTS
SERVED

Mental Health	11,449	64%
Mental Health Crisis Services	3,515	20%
Developmental Disabilities	1,289	7%
Primary Care	945	5%
Early Childhood Intervention	748	4%



\$47.1
MILLION
FUNDING BY
DIVISION

Adult Mental Health	\$14.0M	30%
Developmental Disabilities	\$14.3M	30%
Mental Health Crisis Services	\$9.5M	20%
Children's Mental Health	\$5.5M	12%
Early Childhood Intervention	\$2.9M	6%
Primary Care	\$0.87M	2%

Burke's mission is "Working Together to Improve Lives." Burke works to do this by providing high-quality, personalized, evidence-based mental health, early childhood intervention, and intellectual and developmental disability services to individuals in East Texas.

Burke provides services in 12 East Texas counties. Across our region, we operate 40 facilities that specialize in personal and professional care for every client. Part of the East Texas healthcare

community for over 45 years, Burke employs more counselors, psychiatrists, and caseworkers than any other provider.

We believe East Texans in need deserve high-quality, personal, and professional mental health and intellectual and developmental disability services. Wherever they live and whatever their circumstances, our clients deserve to be treated with dignity and respect, and that is what every Burke employee strives to deliver.



13,157
UNDUPLICATED
INDIVIDUALS
S E R V E D

2,292
WERE 18 OR YOUNGER
(17%)



Angelina County	289	50.5%
Nacogdoches County	130	22.7%
Jasper County	31	5.4%
Polk County	31	5.4%
Other Counties	91	15.9%

SUCCESS STORIES

PATRICIA, a 56-year-old served by Intellectual and Developmental Services, lived in a family environment that did not support her mental and physical health, which continued to suffer and deteriorate for many years. Due to her declining mental and physical well-being, Patricia's Provider Care Coordinator spoke with her about leaving her home. Even though she feared the change, she took a chance. She is now living and thriving in a Host Home with her Host Home Provider and two other individuals. She happily attends the workshop for vocational habilitation, has earnestly learned skills to further her skill set to succeed, and is content within her current environment.

NICOLE recently completed Cognitive Processing Therapy with one of our therapists at the Crockett office. Nicole's words, "one of the best decisions I have made in my life was coming here to get counseling. I was in a very dark place. I was suicidal and wanted to hurt others. I have learned how to open up and identify the problems." Before receiving care at Burke, Nicole would hardly get out of her house due to past trauma. She is now working out at a local gym, traveling with her husband, and practicing coping skills along with taking medication to keep her feelings in check. She notes that she would not be where she is without Burke and therapy.

After multiple hospitalizations due to suicidal ideation and Methamphetamine use, **D.J.** sought treatment at Burke to manage his symptoms of depression and anxiety related to past trauma. With the help of his skills trainer, D.J. reenrolled into high school and is now supported by a program that will allow him to graduate early. D.J.'s confidence and self-esteem have improved, which helped land him his first job at a local grocery store. He is looking forward to saving money for his driver's license and a truck. He admits that it hasn't always been easy for him but says that with the help of skills training and medication management he has received at Burke, his life has completely changed for the better.

COUNTIES SERVED

Angelina
Houston
Jasper
Nacogdoches
Newton
Polk
Sabine
San Augustine
San Jacinto
Shelby
Trinity
Tyler



BOARD MEMBERS

COL. HOWARD DANIEL, JR., Chair / Polk, San Jacinto

RANDY GEORGE, Vice Chair / Angelina

FRANCES SCOGGINS, Treasurer / Jasper, Newton

DAVID COZADD, Secretary / Nacogdoches

LOIS BALL / Houston

JOHN HOWARD / Shelby

JIM MCREYNOLDS / Sabine, San Augustine

SONDRA WILLIAMS / Tyler

JUDGE STEVEN DOUG PAGE / Trinity

EX OFFICIO MEMBERS FY 22

SHERIFF JASON BRIDGES / Nacogdoches

SHERIFF BRYAN WEATHERFORD / Tyler

BURKE'S CRISIS HOTLINE
1-800-392-8343

Learn more at myburke.org