Who To Call To Get Help

24 Hour Crisis Hotline
1-888-522-8262

Call If you or someone you know is experiencing a mental health emergency.

Mobile Crisis Outreach Team
In response to a crisis hotline call, MHMR Authority of Brazos Valley may send staff to perform a behavioral health screening.

Other Crisis Services
Crisis Personnel may recommend Crisis Respite Care, residential treatment, inpatient hospitalization, outpatient services or other care as appropriate.

More Information
Reach MHMR Authority of Brazos Valley at (972) 822-6467 or https://mhmrabv.org

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Dial 2-1-1

Local Information, Referrals and Community Resources

Helpful 2-1-1 Tips

Callers may speak to 2-1-1 operators across Texas; they will help you find local resources.

Callers are encouraged to visit www.211texas.org for online information

2-1-1 Texas is a free, anonymous social service hotline available 24/7.

COVID-19 Mental Health Hotline
1-833-986-1919

Texans experiencing anxiety, stress or emotional challenges due to the COVID-19 pandemic can access the statewide mental health support line 24/7.

The support line offers trauma-informed support and psychological first aid to those experiencing stress and anxiety related to COVID-19. Counseling services are confidential and free of charge to people who call the hotline.

COVID-19 Call Centers in MHMR Authority of Brazos Valley's Service Area

If you are experiencing any symptoms that could be related to COVID-19, such as fever, cough or shortness of breath, contact the Call Center serving your community. Do NOT report to an emergency room or a physician's office.

County	Contact	County	Contact
Brazos	2-1-1	Madison	2-1-1
Burleson	2-1-1	Robertson	2-1-1
Grimes	2-1-1	Washington	Information Center 1-979-337-8420 1-800-845-8035
Leon	2-1-1		

When Calling 2-1-1 for COVID-19 Testing Information and Resources
Press 1 for English, press 2 for Spanish, then option 6 for COVID-19

Check out the COVID -19 Self-Checker and Search Tool for Testing sites.
https://www.dshs.state.tx.us/coronavirus/testing.aspx