

# WHO TO CALL TO GET HELP

## 24 HOUR CRISIS HOTLINE 1-800-392-8343

Call If you or someone you know is experiencing a mental health emergency. Hotline workers will attempt to resolve the crisis or refer to a higher level of care.

### MOBILE CRISIS OUTREACH TEAM

In response to a crisis hotline call, Burke may send staff to perform a behavioral health screening.

### OTHER CRISIS SERVICES

Crisis Personnel may recommend Crisis Respite Care, residential treatment, inpatient hospitalization, outpatient services or other care as appropriate.

### MORE INFORMATION

Reach Burke at (936) 639-1141 or [www.myburke.org](http://www.myburke.org)



## DIAL 2-1-1

### LOCAL INFORMATION, REFERRALS AND COMMUNITY RESOURCES

### HELPFUL 2-1-1 TIPS

Callers may speak to 2-1-1 operators across Texas; they will help you find local resources.

Callers are encouraged to visit [www.211texas.org](http://www.211texas.org) for online information

2-1-1 Texas is a free, anonymous social service hotline available 24/7.



## COVID-19 MENTAL HEALTH HOTLINE 1-833-986-1919

Texans experiencing anxiety, stress or emotional challenges due to the COVID-19 pandemic can access the statewide mental health support line 24/7.

The support line offers trauma-informed support and psychological first aid to those experiencing stress and anxiety related to COVID-19. Counseling services are confidential and free of charge to people who call the hotline.



**TEXAS**  
Health and Human Services

# COVID-19 CALL CENTERS IN BURKE'S SERVICE AREA

If you are experiencing any symptoms that could be related to COVID-19, such as fever, cough or shortness of breath, contact the Call Center serving your community. Do NOT report to an emergency room or a physician's office.

County	Contact	County	Contact
ANGELINA	Angelina Counties and Cities Health District (936) 630-8500	SABINE	Regional Call Center (409) 550-2536
HOUSTON	Nacogdoches County Call Center (936) 468-4787	SAN AUGUSTINE	Angelina Counties and Cities Health District (936) 630-8500
JASPER	Regional Call Center (409) 550-2536	SAN JACINTO	Houston-Based Call Center (832) 393-4220
NACOGDOCHES	Nacogdoches County Call Center (936) 468-4787	SHELBY	Nacogdoches County Call Center (936) 468-4787
NEWTON	Regional Call Center (409) 550-2536	TRINITY	2-1-1 1-866-310-9618
POLK	Angelina Counties and Cities Health District (936) 630-8500	TYLER	Regional Call Center (409) 550-2536

When Calling 2-1-1 for COVID-19 Testing Information and Resources  
Press 1 for English, press 2 for Spanish, then option 6 for COVID-19